# Packing List & Check-In Procedure for Sports Camp

Be sure to sign the "Statement of Understanding" if registering by paper and bring it with you to check-in. NOTIFY OFFICE OF SPORT T-SHIRT SIZE BEFORE CAMP SESSION.

Sports Camps check-in at the Chapel.

#### Summer Missionary:

Thomas Kim from Christ Reaching Asia Mission Worldwide (CRAM)

DateSessionCheck-In/OutJuly 11-14Jr. High Girls Volleyball4:30pm/6:00pm

\* Please leave luggage in your vehicle until after check-in.

\* You and your camper need to be present at check-in.

\* Write the person's name that will be picking up your camper. If that changes, the camp must be notified before check-out.

\* Write any special information (not medical) such as camper is going to a ball game on \_\_\_\_\_ at \_\_:\_\_ and will return at \_\_:\_\_. \* At check-in, the parent will deposit the campers <u>spending money</u> in the bank (\$10-\$25) for the session, unless camper is at-

tending High School, no bank required.

\* Spending money is for missionary offering, snacks and camp store items. Snack Shoppe will be open 2 times per day. Snack prices range from 10 cents to \$1.50. Camp store is open for a brief time every day but Tuesday and Thursday.

\* During check-in, each camper will go through a brief health screen. If there are any concerns or your child has medication they will be directed to the nurse. <u>Make sure medication is in its original container</u>.

\* Parents will then take the camper to their assigned dorm. Our faculty will be waiting in the dorm to help the camper prepare for their camp. Please inform the dorm parent at this time of any special needs your camper may have.

## **Check-Out Procedure**

\* Come to the Family Life Center for check-out.

 $\ast$  Campers will not be released until they have been signed out by an authorized person listed during check-in.

\* Please remember to pick up your camper's medications.

\* Please look at Lost & Found before you leave!

# What To Pack For Camp

- o Bible, Notebook, Pen/Pencil
- o Non-marking Athletic Shoes for use only in the gym
- o Volleyball Knee Pads-not required but strongly suggested
- o Water Bottle
- o Sunblock
- o Sunglasses, Visor or Ball Cap
- Appropriate Swimwear & Cover-up, Shoes to wear to & from beach
- o Bedding: Sleeping bag or sheets & blanket, Pillow, Towels, Wash cloth, Personal toiletries
- Clothes: (NO spandex or short shorts) Casual or dressy clothes for evening services, Socks, Underwear, Shoes, Jacket
- DO NOT BRING: Cell phones, IPods, Heelys (shoes with rollers), Radios, Clock radios, TV's, MP3 players, Computer, Magazines, Personal gaming devices, Firearms, Knives, ecigs/vaping items





Be sure to sign the "Statement of Understanding" if registering by paper and bring it with you to check-in.

# Statement of Understanding/Medical Treatment for <u>Wilderness</u>, <u>Adventure</u>, <u>Aquatics</u> and <u>Sports Camps</u>

As a camper, I am aware in signing this statement for participation in the Lake James Christian Assembly above programs that certain activities are physically demanding. Therefore, physical fitness will increase my enjoyment and ability to participate in the activity. If for any reason I question my ability to participate in the activity, I will consult with the instructors prior to participation. While it is impossible to foresee all possible dangers, some of the specific hazards which might be encountered are slipping or falling, bumps, bruises, cuts, insect bites, poison ivy, sprains, fractures, or other injuries. Please note that some activities are conducted in the outdoors in all kinds of weather so proper dress (rain gear, warm clothing) are essential to avoid undue exposure to the elements. Wilderness camps may include the following: horseback riding, low and high ropes course, caving, rock climbing, river swimming and canoeing. Also, the Aquatics camps will offer water skiing and tubing which does involve certain risks. The instructors of the activities will take every reasonable precaution to minimize exposure to known risks, however, as a participant I acknowledge the nature of the activity and the fact that not all the stresses and hazards connected with the activity can be foreseen. I have the personal responsibility to follow the established safety rules and procedures to the extent that you participate in such activities. If at any time I have questions about the activity, I have the responsibility to consult with your instructor.

As a parent, I recognize that there is a significant element of risk in any adventure, sport or activity associated with the outdoors, water and sports activities. Knowing the inherent risks, dangers and rigors involved in the activities, as listed above, I certify that my child named below is fully capable of participating in the activities. I assume full responsibility for my child for bodily injury, death, loss of personal property, and expense thereof, as a result of my child participating in the above programs sponsored by Lake James Christian Assembly. I understand that some of these activities may be off-site and give permission for my child to be transported to and from these activities. I authorize LJCA to provide a copy of this form for release purposes to cooperative off-site agencies. I also authorize LJCA to take and use any photographs or videos of the camper named on this application as may be needed for its records or public relations programs. In case of emergency, I hereby give permission to LJCA to hospitalize, secure treatment for and to order anesthesia or surgery for my child named below. I understand however that every effort will be made to contact me in case of such an emergency, if possible, before any such medical treatment is administered. I hereby release LJCA from any responsibility other than normal supervision and care. In case of accident, I will not hold Lake James Christian Assembly, its staff, faculty, management or officers liable. \*\*I Understand Camp Accident Insurance is Secondary. (Signature of parent or guardian and camper must be on this form before the registration will be processed.)

Signature of Camper	Date//
Signature of Parent or Guardian	Date//
Name of Camp Session	

#### Lake James Christian Camp & Retreat Center

### Summer Camp Rules & Regulations

I. Faculty, campers and visitors must remember that this is a CHRISTIAN camp!

2. All campers are under adult supervision at all times.

3. No one, faculty or camper, is permitted to leave the campgrounds without permission of the Dean.

4. The use or solicitation of tobacco, ecigs/vaping, alcoholic beverages or illegal drugs is prohibited on camp property. All visitors are requested to refrain from their use.

5. All visitors must check in at the camp office upon arrival at the camp. Anyone who plans to visit the camp on his own and is 18 years old or younger is required to call the camp office ahead of time for permission. Anyone 18 years old or younger who is accompanied by a **parent** or **guardian** needs no prior permission, but still needs to report to the camp office on arrival.

6. Automobiles are subject to strict regulations. High School campers **are not allowed** to drive and keep cars on the camp grounds during a week of camp. (If it is **necessary** that a High School camper **must** drive, their parents or guardian must fill out a release form prior to coming to camp. Keys must be turned in at the office upon arrival.)

7. Musical instruments brought must be used according to the discretion of the Dean. Do not bring Heely's (shoes with rollers), radios, clock radios, CD's & CD players, TV's, MP3 players, IPods, magazines, cell phones, computers, personal gaming devices, firearms or knives. Items not permitted at camp will be collected and held in the office to be picked up at check-out. **The Christian camp experience is a blend of indoor and outdoor activities. To enjoy this experience completely, the camper needs to spend a week away from "the world". This includes not bringing cell phones to camp. We ask parents to honor this request and make sure your camper does not bring a cell phone to camp.** <u>Cell phones, chargers and items that are mentioned above are subject to confiscation.</u>

8. Every camper & faculty member must follow the camp schedule!!! There can be no absence from classes except in cases of sickness and then only by advice of the camp nurse.

9. All campers and faculty are **required** to turn in all medication - counter or prescription - to the Camp Nurse on the opening day of camp. If medication needs to be with the camper (ex. Inhaler), a Doctor's slip must be given to the Camp Nurse on arrival. Medicine must be turned in to the nurse in its original container and with the camper's name on the container. Special medicine instructions must be reported to the Camp Nurse. We advise leaving non-doctor prescribed dietary supplements at home. Sickness and injuries will be reported to the Camp Nurse immediately. Dietary restrictions must be doctor prescribed and reported by the parents to the food service manager either before coming to camp or at check-in.

10. Campers will swim only during the regularly scheduled swimming periods! (No swimming after dark-no exceptions!!) No camper is permitted in the beach area except during scheduled activities! Unacceptable swimsuit attire are as follows: Men & boys - no racer style trunks. Women & girls - no two-piece bathing suits (tankini's are OK), no plunging neckline swimsuits. Shoes and a covering must be worn by everyone while going to and from the beach.

In matter of dress, Christian judgement must prevail at all times!

- a. No halter tops, tube tops, spaghetti straps, strapless attire, bare midriff, mini-skirts or spandex shorts at any time. Tank top straps must have straps greater than 2" in width. The judgement of the Dean will prevail.
- b. Clothing must completely cover all undergarments. Inappropriate advertisements are not permitted and written expressions across the backside of shorts or pants is not permitted.
- c. Gym shorts and cut-offs are to be worn only during recreation.
- d. No one is to go barefoot on the camp grounds at any time!!!
- e. The Executive Director has final authority.

12. The Camp Dean or Executive Director reserves the right to reprimand or dismiss any camper or faculty member who does not conform to these rules and regulations.

13. Parents are requested to pick up their camper promptly at announced closing times. If this cannot be done, the Dean or Executive Director must be notified and arrangements will be made to care for the camper.

14. Use of telephone is not permitted by a camper except with permission of the dean. The office will not accept calls from home for a camper unless there is an <u>emergency</u>.

15. If the camper is unable to attend camp, all but \$20.00 of the fee that has been paid will be refunded. Refunds must be requested prior to the beginning of the camp session. Once the camp session has begun, refunds will NOT be made for sickness, homesickness, disruptive behavior or "No Show". All refunds will be refunded through the mail as a check.

"Rules for acceptance and participation in the program are the same for everyone without regard to race, sex, color, age, handicap, religion or national origin. Any person who believes he or she has been discriminated against in any USDA-related activity should write: Secretary of Agriculture, Washington, D.C. 20250."

### **Our Statement of Faith and Ministry Policy**

We believe the Bible is the inspired Word of God. We confess Jesus Christ, the one and only Son of the living God, as our Lord and Savior. We are obedient to His command to be baptized by immersion for the forgiveness of sins and to receive the gift of the Holy Spirit (Matthew 28:19-20; Mark 16:16; Acts 2:38; 22:16; Romans 6:1-11; Galatians 3:21; et al). We live with hope because of Jesus' resurrection from the dead and ascension into heaven. We trust in His promise that someday we will dwell in eternal glory with God. We celebrate this hope and trust as we partake of the unleavened bread and the cup of the Lord. These are emblems that represent His broken body and shed blood through which we remember Jesus Christ and proclaim His death till He comes (1 Corinthians 10 and 11).

It is our policy to make the camp and retreat center available to other Christian groups and non-profit organizations so long as the group's purpose and objectives are not perceived to be contrary or contradictory to the teachings of Christ and the Scriptures.

Lake James Christian Assembly, since its inception in 1929, has historically viewed Scripture as the inspired and trustworthy Word of God, and as such, the first and final resource to be consulted in making decisions and policy about issues of morality and values. It is in that spirit that this statement is made about our understanding of marriage.

Throughout the Old and New Testaments, marriage is described consistently as a relationship between a man and a woman. LJCA recognizes that in the culture in which we have been called to serve and bear witness to God, there are multiple views of marriage. We are aware that there are people, including some that would describe themselves as Christian, who view same-sex marriage and other types of immoral behavior as acceptable. We also see that in some states within the United States, same-sex marriages are recognized as legal. We insist that the historic, biblical position of LJCA be acknowledged, respected, and practiced by all directors, employees, volunteers, member churches, and groups utilizing the facilities.

We live in a world that is confused about the definitions and boundaries of human sexuality. LJCA believes that it is important to describe what Scripture sets forth as "sexual morality," without an attempt to list every possible immoral activity. One biblical text that clearly addresses this is found in 1 Corinthians 7:1-7. What is clear in this text is that sexual purity is simply defined as (1) a healthy, fulfilling sexual relationship between a man and a woman married to one another and committed exclusively to that relationship; or (2) celibacy, that is, participating in no intimate sexual activity. We believe that this plain statement accurately reflects appropriate sexual behavior for Christians as they follow Jesus as the Lord of their lives. If a believer is married, he or she will be an appropriate sexual partner only for his or her spouse. If a believer is not in a biblical marriage, he or she will be committed to living a celibate lifestyle.

It is Lake James Christian Assembly's desire to be used of God to fulfill His purpose in the lives of men and women and especially children and youth. We welcome groups that we view as having similar purposes, and reserve the right to exclude groups that teach doctrine or practices that are contrary to our historical, Biblical position, and conscience.